

## Prevention Education and Service Delivery Self-Reflection Form

Staff member: \_\_\_\_\_ Observer: \_\_\_\_\_

Date: \_\_\_\_\_ Location: school/grade level: \_\_\_\_\_

Length of session: \_\_\_\_\_ # of participants: \_\_\_\_\_

**Lesson content:**

Prior to session: Provide a short description of your lesson including:

- Learning goals and objectives (What should students know/understand? What skills were introduced/developed?)
- Curriculum used
- A brief outline of your plan

Give a copy of this form to the observer before your presentation.

After your presentation, complete the self-reflection on the back. Bring this to the follow-up discussion with your supervisor. Thank you!

## Prevention Education and Service Delivery Self-Reflection Form

Following your presentation, please rate yourself (1=low, 5=strong) in these areas.  
Offer specific examples to explain your ratings.

Communication skills	1	2	3	4	5
Knowledge of content	1	2	3	4	5
Instructional strategies/techniques	1	2	3	4	5
Student engagement/participation	1	2	3	4	5
Time management	1	2	3	4	5

*Comments:*

Identify strengths/examples of what went well:

Identify challenges (if any) that impacted the lesson

What would you change if you did the same presentation again? Why?

Overall, how successful was the lesson? Did students take away what you intended for them to learn? How do you know? (what evidence of learning do you have)

What opportunities would you like to have to support your professional growth & development?

Staff signature

Date